

# Hippo Autumn 2020 Menu- Allergens

Name of Dish	S u l p h i t e s	G l u t e (Please specify which gluten)	F i s h	M o l l u s c	C r u s t c e a n	M i l k	L u p i n	C e l l u l o s e	E g g	M u s t a r d	N u t (Please specify which nut)	P e a n u t	S e a s o n a l	S o y
<b>Anytime, Anywhere</b>														
Mixed bread with Bovril Butter	YES	WHEAT				YES								
Olives	YES													
Pork & smoked cheese sausage roll, Colman's English mustard	YES	WHEAT				YES		YES	YES	YES				
Roasted red pepper hummus, toasted ciabatta	YES	WHEAT												
Hippo hot wings, Chef Lee's hot sauce, Oxford blue cheese dip	YES					YES								
Black Pudding Scotch egg, Piccalilli	YES	WHEAT				YES		YES	YES	YES				
Pork Belly Bites	YES													
Beetroot Falafels with tzatziki	YES					YES								
Golden-fried fish goujons, charred lemon, tartare sauce	YES	WHEAT	YES			YES			YES	YES				
Name of Dish	S u l p h	G l u t e	F i s h	M o l l u	C r u s t a	M i l k	L u p i n	C e l l u l o s e	E g g	M u s t a r d	N u t (Please specify which nut)	P e a n u t	S e a s o n a l	S o y

Guidelines\*Source of gluten and nuts must be specified e.g. wheat, oats or almonds, walnuts

	it e s	n (Please specify which gluten)		s c	c e a n					r d		t	e	
<b>Starters</b>														
Homemade soup of the Day		WHEAT												
Bubble & Squeak, poached egg, crispy bacon, black pudding crumb, hollandaise	YES					YES		YES	YES	YES	NUTMEG			
Peri-peri calamari, chorizo sausage, toasted ciabatta	YES	WHEAT	YES	YES	YES	YES								
Chicken Liver Parfait, toasted ciabatta, cornichons, pickled baby onions, red onion chutney	YES	WHEAT				YES		YES	YES	YES				
Ndjua, mac 'n' smoked cheese, truffle royale, toasted ciabatta	YES	WHEAT				YES		YES	YES	YES				
<b>Salads</b>														
Omega salad, smashed sweet potato, avocado, rocket, spinach, omega seeds, goji berries, vine tomatoes, turmeric bulgur wheat, red pepper hummus	YES	WHEAT				YES	YES		YES					
Oxford blue, pear & walnut salad, watercress, spinach, chicory, purple broccoli, black onion seeds, roasted beetroot, apple cider vinaigrette	YES					YES	YES	YES		YES	WALNUT			
<b>Name of Dish</b>	<b>S u l p h i t e s</b>	<b>G l u e n (Please specify which gluten)</b>	<b>F i s h</b>	<b>M e a t</b>	<b>C o r n i s t</b>	<b>M i l k</b>	<b>L i q u i d</b>	<b>C o e l l u l a r</b>	<b>E g g s</b>	<b>M u s h r o o m</b>	<b>N u t (Please specify which nut)</b>	<b>P e a r l i c r u m</b>	<b>S e a f o o d</b>	<b>S o y a n n a m e</b>

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<b>Mains and Pub Classics</b>														
Pan roasted seabass, truffle potato gratin, purple sprouting broccoli, dukkha spiced mussel cream	YES		YES	YES		YES				YES	ALMOND HAZELNUT		YES	
Sous vide pork belly, black pudding, mash potato, celeriac, swiss chard, apple, pork gravy	YES					YES	YES						YES	
36 hour cured, ½ Shropshire chicken, rocket & vine tomato salad, harissa aioli, minted new potatoes	YES								YES	YES				YES (aioli)
Line-caught fish & chips, tartare sauce, peas	YES	WHEAT	YES						YES					
The Hippo Burger, cheddar, crispy smoked bacon, Hippo burger sauce, red onion marmalade, dill pickle, fries	YES	WHEAT							YES	YES				
<b>Name of Dish</b>	<b>S</b>	<b>G</b>	<b>F</b>	<b>M</b>	<b>C</b>	<b>M</b>	<b>L</b>	<b>C</b>	<b>E</b>	<b>M</b>	<b>N</b>	<b>P</b>	<b>S</b>	<b>S</b>
	<b>u</b>	<b>l</b>	<b>i</b>	<b>o</b>	<b>r</b>	<b>i</b>	<b>u</b>	<b>e</b>	<b>g</b>	<b>u</b>	<b>u</b>	<b>e</b>	<b>e</b>	<b>o</b>
	<b>l</b>	<b>t</b>	<b>s</b>	<b>l</b>	<b>u</b>	<b>l</b>	<b>p</b>	<b>e</b>	<b>g</b>	<b>s</b>	<b>t</b>	<b>a</b>	<b>s</b>	<b>y</b>
	<b>p</b>	<b>h</b>	<b>h</b>	<b>l</b>	<b>s</b>	<b>k</b>	<b>i</b>	<b>r</b>	<b>y</b>	<b>t</b>	<b>(Please specify which nut)</b>	<b>n</b>	<b>a</b>	<b>a</b>
	<b>hi</b>	<b>e</b>		<b>u</b>	<b>t</b>		<b>n</b>			<b>a</b>		<b>u</b>	<b>m</b>	
	<b>t</b>	<b>n</b>		<b>s</b>	<b>a</b>					<b>r</b>		<b>t</b>	<b>e</b>	
	<b>e</b>	<b>(Please specify which gluten)</b>		<b>c</b>	<b>c</b>					<b>d</b>				
	<b>s</b>				<b>e</b>									
					<b>a</b>									
					<b>n</b>									
The Hippo Vegan Burger, pulled oats patty, vegan cheese, this-is-not-bacon, sriracha mayonnaise red onion marmalade, dill pickle, fries	YES	WHEAT											YES	YES
Aged sirloin steak, confit tomato, Portobello mushroom, watercress, fries	YES					YES			YES					
Sauces: peppercorn or garlic butter														
<b>Desserts</b>														

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Hippo-Bocker Glory		WHEAT				YES			YES					
S'More chocolate brownie, vanilla ice cream, cocoa soil		WHEAT				YES			YES					
Sticky toffee pudding, honeycomb, salted caramel ice cream		WHEAT				YES			YES					
Ice Cream Union scoop (ask for flavours)						YES			YES					
Great British farmhouse cheese, crackers, chutney	YES	WHEAT				YES				YES				
<b>Name of Dish</b>	S u l p h i t e s	G l u t e n  (Please specify which gluten)	F i s h	M o l l u s c	C r u s t e a n	M i l k	L i p s	C o n y	E g g	M e a t	N u t  (Please specify which nut)	P e a r t	S e a m e	S o y a
<b>Sides</b>														
Purple sprouting broccoli						YES								
Chips or fries														
Creamed mashed potatoes						YES								
Buttered greens						YES								
Green garden salad	YES							YES						
Minted new potatoes						YES								
Sweet potato fries														
Truffle parmigiana tiger fries	YES					YES								
<b>Children's Menu</b>														
Soup of the day, bread and butter		WHEAT				YES								

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Kids veggie sticks and hummus	YES													
Hippo chicken wings & rubies ketchup	YES													
Hippo house burger & chips	YES	WHEAT								YES				
Sausages, mash, greens, gravy						YES		YES						
Fish & chips, peas		YES												
<b>Name of Dish</b>	<b>S</b>	<b>G</b>	<b>F</b>	<b>M</b>	<b>C</b>	<b>M</b>	<b>L</b>	<b>C</b>	<b>E</b>	<b>M</b>	<b>N</b>	<b>P</b>	<b>S</b>	<b>S</b>
	u	l	i	o	r	i	u	e	g	u	u	e	e	o
	l	u	s	l	u	l	p	e	g	s	t	a	s	y
	p	t	h	l	s	k	i	r		t	(Please specify which nut)	n	a	a
	h	e		u	t		n	y		a		u	m	
	it	n		s	a					r		t	e	
	e	(Please specify which gluten)		c	c					d				
	s				n									
'This is not chicken' nuggets chips and rubies ketchup	YES							YES						YES
Fruit salad & ice cream						YES			YES					
Kids Hippo-Bocker glory		WHEAT				YES			YES					
Chocolate brownie, vanilla ice cream		WHEAT				YES			YES					
<b>Sunday Roasts</b>														
Roast Beef	YES	WHEAT				YES		YES	YES					
Roast Chicken	YES	WHEAT				YES		YES	YES					
Roast Pork	YES	WHEAT				YES		YES	YES					
Vegetarian Roast	YES	WHEAT				YES		YES	YES					

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